WELLBEING DRUMMING & TRIBAL DANCE

POW-WOW DRUMMING VIDEOS

Videos also online: www.lovehealth.org/resources/drumming.htm

POW-WOW DRUMMING CHANTS

New Age adaptation of an original Hopi Tribe Chant

The Earth is Our Mother, We Will Take Care of Her! [3x]

Chorus: **Hey Yanna Ho Yanna Hey Yan Yan** [4x]

More Verses– Each Repeated 3 Times

Her Sacred Ground We Walk Upon, With Every Step We Take!

The Earth is our Mother, She will take care of us

The Sky is our Father, We must take care of Him!

The Rivers are our Sisters, We must take care of Them!

The Trees are our Brothers, We must take care of Them

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Fly like an Eagle - Fly so High!
Circling the Universe - On Wings of Pure Light

Hey Witchi tie tie - Witchi tie oh
Hey Witchi tie tie - Witchi tie oh

Fly like a Butterfly - Flowing so Low!
Circling the Universe - On wings of Rainbow!

We all Fly like Eagles - Flying so High!
Circling the Universe - On Wings of Pure Light!

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Spirited Call-and-Response Vocable Chants

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LOCAL WELLBEING EVENTS : www.meetup.com/Holistic-Cambs or www.sunflower-health.com/workshops.htm

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SELF-EXPRESSIVE DRUMMING + 'DRUM CONVERSATIONS'

SHAMANIC JOURNEY DRUMMING

Background: www.sunflower-health.com/popups/journeying.htm

FINALE BLESSING DANCE: DRUMMING & DANCING LIFE'S JOURNEY!

May the Great Spirit Grant You Peace of Mind

May the Peace be There in Everything You Find!

May the Peace be There in All You Leave Behind!

Online video of The Shaman's Prayer to The Great Spirit: www.sunflower-health.com/courses/swavesey.htm

DRUM & TRIBAL DANCE MUSIC VIDEOS

Shamanic Drumming Videos: www.lovehealth.org/resources/drumming2.htm

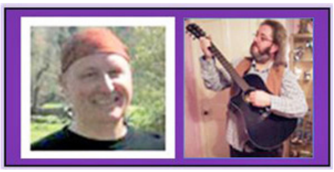
Peruvian Shamanism Music Videos: www.lovehealth.co.uk/sale/dog.htm

Yet more Alborada & other great drum music videos! : www.lovehealth.org/resources/inka.htm

FUTURE DRUMMING & INSPIRATIONAL CIRCLE DANCE EVENTS

LOCAL WELLBEING EVENTS : www.meetup.com/Holistic-Cambs or www.sunflower-health.com/workshops.htm

LOCAL INSPIRATIONAL CIRCLE DANCE EVENTS: www.lovehealth.org/dances/index.htm



Contact Your Presenters: Mike: www.sunflower-health.com/healing.htm & Keith: www.keith.sunflower-health.com

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